

Study Newsletter 13 June 2025



APPROACHING Deadline - 30 June 2025

We are approaching the end of the baseline data collection period. Please ensure that the baseline information for all your patients has been entered into REDCap, as well as available site data.

Dear Investigators,

MESSAGE FROM THE STUDY CHAIR

We are pleased to announce a THESUS-HF II Study Site Investigators Lunch, to be held during the ESC

Congress in Madrid from 29 August to 1 September. Lunch will take place either Friday 30th or Saturday 31st August at a venue near the conference centre. Further details to follow once confirmed. The PASCAR & Nigerian Cardiac Society Conference 2025, Abuja, Nigeria, will take place 14 - 19

September 2025. Please indicate your attendance by clicking on the link in the MEETINGS 2025 section

below, as well as your participation in the THESUS-HF II Workshop Session on 16 September 2025, from 14:00 onwards. Regards,

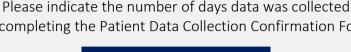
SCORECARD IINFORMATION

Karen Sliwa (THESUS-HF II Principal Investigator)



We are currently developing the scorecard template and will share further details soon.

PATIENT DATA COLLECTION



by completing the Patient Data Collection Confirmation Form

Abuja, Nigeria 14 - 19 September

CLICK HERE TO COMPLETE PASCAR & Nigerian Cardiac Society Conference 2025,

Kindly take note: A THESUS-HF II Study Session Meeting will take place during the PASCAR & 54th Annual General Meeting and Scientific Conference, providing an opportunity for you to present

feedback and an abstract related to the THESUS-HF II Study. Date Time 16 September 2025 From 14:00 Onwards (Nigerian Standard Time)

Thank you to all those who completed the site information, sites who have not uploaded their site

information yet, please do so on REDCAP as soon as possible and no later than 30 June 2025.

SITE INFORMATION

ABSTRACTS to be Presented at ESC Congress - Madrid Congratulations to everyone! Two of the three THESUS-HF II Study abstracts accepted will be presented at

Our heartfelt thanks go out to all the participating sites for their tremendous effort and dedication in making



the ESC Congress – Madrid. Please see details below.

this study a success thus far.

Failure (THESUS-HF II): Management and In-Hospital Outcome Access to Care

Session Time: 08:15 - 09:00 Location: Station 10 – Research Gateway

Abstract Number: 3509

Prevention (1)

Session Title: Risk Factors and

Session Date: 30 August 2025

Session Time: 16:15 – 17:00 Location: Station 4 – Research Gateway

Session Date: 31 August 2025

Session Title: Epidemiology, Prognosis

and Outcome in Chronic Heart Failure

The Sub-Saharan Africa Survey of Heart

Looking forward to seeing you there!!

Abstract Number: 3318

PRESENTED at ESC HFA, Belgrade 17 - 20 May 2025: The Sub-Saharan Africa Survey of Heart Failure (THESUS-HF II):

Access to Care

ACCEPTED to ESC Congress, Madrid 29 Aug - 1 Sep:

Access to Care

ACCEPTED to ESC Congress, Madrid 29 Aug - 1 Sep: The Sub-Saharan Africa Survey of Heart Failure (THESUS-HF II):

The THESUS-HF II Study abstracts were submitted to the following publications:

In-hospital Outcomes UPTITRATION SUB-

there is a gap between these recommendations and actual practices, leaving many patients with HFrEF and HFmrEF in Africa on suboptimal therapy. This Sub-study aims to: 1. Assess the proportion of HFrEF and HFmrEF patients initiating ACEI/ARB/ARNI, MRA, beta-blockers, and SGLT2i before hospital discharge.

4. Determine the proportion achieving target doses of ACEI/ARB/ARNI, MRA, and

CLICK HERE to complete Sub-Study information on REDCap

2. Evaluate initiation of these medications within 30 days of discharge.

beta blockers at 180 days post-discharge compared to baseline.

3. Evaluate initiation within 60 days of discharge.

Guidelines recommend starting and quickly increasing guideline-directed medical therapy (GDMT) within six weeks of heart failure (HF) hospitalization to reduce rehospitalization and mortality risk. However,



ANNUAL

NIGERIAN CARDIAC SOCIETY (NCS) in collaboration with PAN-AFRICAN SOCIETY OF CARDIOLOGY (PASCAR) presents



CARDIOVASCULAR

• Telemedicine and Digital Technology for Cardiovascular Care. •Role of Primary Care and Community Health Workers in Cardiovascular Disease Prevention and Management.

10 CME POINTS AVAILABLE.

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Shehu Musa Yar'adua Centre, Abuja

14 - 19 September 2025

REGISTRATION & ABSTRACT PORTAL NOW OPEN

www.nigeriancardiacsociety.com





STUDY REDCap PORTAL Usage and Dosing of Guideline-Directed Medical Therapies in African Patients with Heart Failure with Reduced and Mildly Reduced Ejection Fraction

PASCAR THESUS-HF II Study Steering Committee Principal Investigator: Karen Sliwa **CAPE HEART INSTITUTE** Co-investigator: Albertino Damasceno, Charle Viljoen, Mahmoud Sani, Gad Cotter Sub-investigator: Neusa Jessen, Simon Stewart Connect with PASCAR here



GENERAL MEETING AND SCIENTIFIC CONFERENCE **ABUJA 2025** THEME **COST-EFFECTIVE INTERVENTIONS** FOR MITIGATING THE BURDEN OF



• Taming the Scourge of Sudden Cardiac Death in Africa.

