



**Congratulations to all Participating Sites:
Successfully captured information
of more than 1000 patients!**

MESSAGE FROM THE STUDY CHAIR

Dear Investigators,

We are thrilled to announce that information for over 1000 patients was successfully captured by the closing date of 31 January 2025.

Our heartfelt thanks go out to all the participating sites for their tremendous effort and dedication in making this study a success thus far.

Regards,
Karen Sliwa (THESUS-HF II Principal Investigator)



WHERE TO FROM HERE?

Well done to those who have completed the 7 Days recruitment process, for the remaining please complete and enter all new patients on REDCap by end of February 2025



SITE INFORMATION

Thank you for all that completed the site information, sites who have not uploaded their site information yet, please do so by end of February 2025



ABSTRACT PREPARATION

INVESTIGATORS NOTICE

Thank you to the many sites that submitted their **site information**. For the outstanding sites, please supply any available information on the **REDCap platform, any outstanding information can still be added**.

The ESC abstract preparation will conclude 15 February 2025



[CLICK HERE to access REDCap Portal Login](#)



UPTITRATION SUB-STUDY REDCap PORTAL NOW OPEN

Usage and Dosing of Guideline-Directed Medical Therapies in African Patients with Heart Failure with Reduced and Mildly Reduced Ejection Fraction

Guidelines recommend starting and quickly increasing guideline-directed medical therapy (GDMT) within six weeks of heart failure (HF) hospitalization to reduce rehospitalization and mortality risk. However, there is a gap between these recommendations and actual practices, leaving many patients with HF_{rEF} and HF_{mrEF} in Africa on suboptimal therapy. This Sub-study aims to:

1. Assess the proportion of HF_{rEF} and HF_{mrEF} patients initiating ACEI/ARB/ARNI, MRA, beta-blockers, and SGLT2i before hospital discharge.
2. Evaluate initiation of these medications within 30 days of discharge.
3. Evaluate initiation within 60 days of discharge.
4. Determine the proportion achieving target doses of ACEI/ARB/ARNI, MRA, and beta blockers at 180 days post-discharge compared to baseline.



[CLICK HERE to complete Sub-Study information on REDCap](#)

PARTICIPATING COUNTRIES



REDCap Introductory Training Feedback
11 May 2024

[CLICK HERE to access this RECORDING](#)

PASCAR THESUS-HF II Study Meeting at ESC
Heart Failure Congress Feedback - 12 May 2024

[CLICK HERE to access this RECORDING](#)

Congratulations to all participating sites

Angola Military Hospital, Angola



University Hospital of Brazzaville, Republic of the Congo



LAUTECH Teaching Hospital, Nigeria



Obafemi Awolowo University Teaching Hospital, Nigeria



Elmek Nimir University, Sudan



Buea Regional Hospital, Cameroon



Murtala Muhammad Specialist Hospital Nigeria



Lancet General Hospital, Ethiopia



Tikur Anbessa Specialized Hospital Ethiopia



Komfo Anokye Teaching Hospital Ghana



University College Hospital, Nigeria



Bugando Medical Centre, Tanzania



Centre of Excellency Cardiovascular Sciences Mloganzila Hospital, Tanzania



State Specialist Hospital, Nigeria



Rasheed Shekoni Federal University Teaching Hospital Nigeria



Adama Hospital Medical College Ethiopia



Dr Sadiq Ringim and Co-investigator Dr Sabiu Mohammed Hamza with the patient.

Dr Demu Tesfaye, Dr Birhanu Diriba, Dr Ahmed Yesuf, Dr Alayu and Dr Natanan with the patient.



Dessie Comprehensive
Specialized Hospital
Ethiopia



ESUT
Teaching Hospital
Nigeria



Olabisi Onabanjo
University Teaching
Hospital, Nigeria



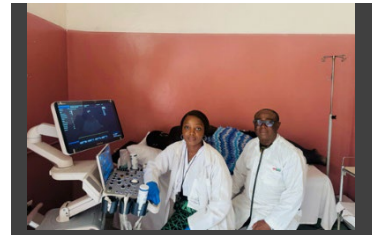
University of Calabar
Teaching Hospital
Nigeria



University of Maiduguri
Teaching Hospital
Nigeria



University of Port-
Harcourt Teaching
Hospital, Nigeria



Prof Maclean Akpa & Dr Aisha Ajala



Security Forces
Hospital, Tunisia



ICMC General Hospital
Ethiopia



Aminu Kano Teaching
Hospital, Nigeria



Kiruddu National
Referral Hospital
Uganda



Hawassa University
Hospital, Ethiopia



Delta State University
Teaching Hospital
Nigeria



Federal Medical
Centre Keffi, Nigeria



Rivers State University
Teaching Hospital
Nigeria



Uniosun Teaching
Hospital, Nigeria



Lagos State University
Teaching Hospital
Nigeria



Lagos University
Teaching Hospital
Nigeria



Centre National de
Cardiologie
Mauritania



Maputo Central
Hospital
Mozambique



Federal Teaching
Hospital Gombe
Nigeria



Jos University Teaching
Hospital, Nigeria



False Bay Hospital
South Africa



Alshaab Teaching
Hospital, Sudan



National Heart
Hospital, Zambia



PASCAR THESUS-HF II Study Steering Committee
Principal Investigator: Karen Sliwa
Co-investigator: Albertino Damasceno, Charle Viljoen, Mahmoud Sani, Gad Cotter
Sub-investigator: Neusa Jessen, Simon Stewart



CAPE HEART INSTITUTE
Global Medicine

[Connect with PASCAR here](#)