



**IMPORTANT INFORMATION:
PASCAR & NIGERIAN CARDIAC SOCIETY CONFERENCE 2025,
ABUJA, NIGERIA**

MESSAGE FROM THE STUDY CHAIR

Dear Investigators,

The **PASCAR & Nigerian Cardiac Society Conference 2025, Abuja, Nigeria**, will take place **15 - 19 September 2025**. Please indicate by clicking on the link in the MEETINGS 2025 section below whether you would be able to attend and participate in the **THESUS-HF II Workshop Session on 16 September 2025** at the meeting.

Regards,
Karen Sliwa (THESUS-HF II Principal Investigator)

REMINDER DEADLINE EXTENDED: End of patient recruitment of all 7 days – 15 April 2025



PATIENT DATA COLLECTION CONFIRMATION

Please complete the Patient Data Collection Confirmation form, to indicate the number of days data collected:

[CLICK HERE TO COMPLETE](#)

REMINDER DEADLINE EXTENDED: End of patient recruitment of all 7 days – 15 April 2025



MEETINGS 2025

Please click on the links to indicate your provisional attendance for each meeting in 2025 on the Meeting Survey Form. You may select more than one meeting if applicable.

[ESC Heart Failure 17 - 20 May 2025, Belgrade, Serbia](#)

[ESC Congress 29 August - 1 September 2025, Madrid, Spain](#)

[PASCAR & Nigerian Cardiac Society Conference 2025, Abuja, Nigeria
15 - 19 September](#)

Kindly take note: A **THESUS-HF II Study Session Meeting** will take place during the PASCAR & 54th Annual General Meeting and Scientific Conference, providing an opportunity for you to present feedback and an abstract related to the THESUS-HF II Study.



SITE INFORMATION

Thank you to all those who completed the site information, sites who have not uploaded their site information yet, please do so on REDCAP as soon as possible.



ABSTRACTS SUBMITTED

Congratulations to everyone! Three THESUS-HF II Study abstracts have been submitted, with one already accepted and awaiting confirmation for the others. Refer to the details provided below in the newsletter.

Our heartfelt thanks go out to all the participating sites for their tremendous effort and dedication in making this study a success thus far.

The THESUS-HF II Study abstracts were submitted to the following publications:

ACCEPTED for ESC HFA, Belgrade 17 - 20 May 2025:
The Sub-Saharan Africa Survey of Heart Failure (THESUS-HF II):
Access to Care

Submitted to ESC Congress, Madrid 29 Aug - 1 Sep:
The Sub-Saharan Africa Survey of Heart Failure (THESUS-HF II):
Aetiology, Acute Management and In-hospital Outcome

Submitted to Global Heart Journal:
Generating important insights into the spectrum and outcomes of acute heart failure across the Africa continent: The Sub-Saharan Africa Survey of Heart Failure (THESUS-HF II)



UPTITRATION SUB-STUDY REDCap PORTAL

Usage and Dosing of Guideline-Directed Medical Therapies in African Patients with Heart Failure with Reduced and Mildly Reduced Ejection Fraction

Guidelines recommend starting and quickly increasing guideline-directed medical therapy (GDMT) within six weeks of heart failure (HF) hospitalization to reduce rehospitalization and mortality risk. However, there is a gap between these recommendations and actual practices, leaving many patients with HFrEF and HFmrEF in Africa on suboptimal therapy. This Sub-study aims to:

1. Assess the proportion of HFrEF and HFmrEF patients initiating ACEI/ARB/ARNI, MRA, beta-blockers, and SGLT2i before hospital discharge.
2. Evaluate initiation of these medications within 30 days of discharge.
3. Evaluate initiation within 60 days of discharge.
4. Determine the proportion achieving target doses of ACEI/ARB/ARNI, MRA, and beta blockers at 180 days post-discharge compared to baseline.

[CLICK HERE to complete Sub-Study information on REDCap](#)



PASCAR THESUS-HF II Study Steering Committee
Principal Investigator: Karen Sliwa
Co-investigator: Albertino Damasceno, Charle Viljoen, Mahmoud Sani, Gad Cotter
Sub-investigator: Neusa Jessen, Simon Stewart



CAPE HEART INSTITUTE
Global Medicine

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NIGERIAN CARDIAC SOCIETY (NCS)
in collaboration with
PAN-AFRICAN SOCIETY OF CARDIOLOGY (PASCAR)
presents

54th
ANNUAL GENERAL MEETING AND SCIENTIFIC CONFERENCE
ABUJA 2025

THEME
COST-EFFECTIVE INTERVENTIONS FOR MITIGATING THE BURDEN OF
CARDIOVASCULAR DISEASES IN AFRICA

- Telemedicine and Digital Technology for Cardiovascular Care.
- Role of Primary Care and Community Health Workers in Cardiovascular Disease Prevention and Management.
- Taming the Scourge of Sudden Cardiac Death in Africa.

10 CME POINTS AVAILABLE.



17 - 19 September 2025



Shehu Musa Yar'adua Centre, Abuja

[CLICK HERE FOR MORE INFORMATION](#)

www.nigeriancardiacsociety.com