

PASCAR Africa Heart Failure Course 2026



School of Medicine
Ysgol Meddygaeth

Welcome PASCAR Africa Heart Failure Course Cohort 4 (2026)



14 Candidates and 14 Allieds
across 10 Countries

Cardiologists (4)
Cardiology Fellows (4)
Specialist Physicians (6)
Nurses (5), Technologist (1),
Clinical Assistant (1), Senior Registrar (1)



PASCAR Africa Heart Failure Course Objectives – Zaheer Yousef



- Build up a network of appropriately trained specialists with an interest in heart failure that will take the **leadership** in their regions, country, and local institutions.
- Course candidates will develop **systems of care designed to offer early diagnoses and optimised treatment** without undue burden on poor resources settings through capacity building.



- A primary focus of the course will involve **lifelong mentorship** for the candidates to help facilitate the long-term course objectives



- **Cardiff University** (a top tier Russell Group academic institution in the United Kingdom) collaboration with the **PASCAR Africa Heart Failure Association** to support and accredit in 3 phases (recognition, CPD awards, and ultimately certification). This will make this course a valuable addition to post graduate training of the practitioners

PASCAR Africa Heart Failure Course Format



Module 1 6 Sessions of Virtual Training

Session 1: 30 May
Session 2: 27 June
Session 3: 25 July
Session 4: 26 September
Session 5: 31 October
Session 6: 28 November



Module 2 Quality Improvement Research Project

Submission with guidance from
mentor

Topic: A description of my current
HF landscape and evidence-based
approaches to improve services



Module 3 Cardiff University 5-day Training

Experience the working of a
“mature” heart failure service:

- organisational set-up
- seamless care pathways
- multi-disciplinary team working
- integration of research activities

PASCAR Africa Heart Failure Course Agenda



Session 1

Terminologies and Pathophysiology

Convenors: Mahmoud Sani, Lambert Appiah,
Fatima Ba

Session 2

Biomarkers & Imaging in Sub-Saharan Africa

Convenor: Anders Barasa

Session 3

Drug Therapy in HF

Convenor: Yagoub Musa

Session 4

HF and Co-Morbidities

Convenor: Albertino Damasceno

Session 5

Multi-disciplinary Team in HF

Convenor: Zaheer Yousef

Session 6

Feedback Session and Essay Writing Guidance

Convenor: Ogah Okechukwu

Course Mentors



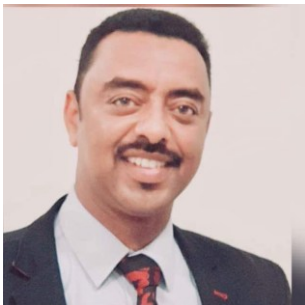
Prof Mahmoud Sani
Nigeria



Prof Zaheer Yousef
Wales



Prof Albertino Damasceno
Mozambique



Dr Yagoub Musa
Sudan



Dr Anders Barasa
Kenya



Prof Okechukwu Ogah
Nigeria

Course Mentors & Mentees



Dr Yagoub Musa
Sudan

Elhaytham Elhussien
Risaa Mohamed
Egypt

Deonatus Bituro Mafuru
Enock Ndaba
Tanzania

Yassah Moracious Korboi
Lorpu Wuoi
Liberia



Prof Mahmoud Sani
Nigeria

Mohamed Smith
David Collier
Sierra Leone

Peter Kangwagye
Nsiimire Emily
Uganda

Beverly Chanda
Clinton Monzwe
Zambia



Prof Ogah Okechukwu
Nigeria

Abubakarr Bah
Michael Koroma
Sierra Leone

Angeline Killen Borbor
Methodious George



Prof Zaheer Yousef
Wales

Aneth Bideberi
Anna Mowo
Tanzania

Edson Jasse
Agnelio da Silva



Dr Anders Barasa
Kenya

Emmanuel Nyeche
Morganba George
Nigeria

Bongomin Bodo
Nyeko William
Uganda



Prof Albertino Damasceno
Mozambique

Ernesto Braga
Elias Homes Herculano
Angola

Brian Kairu
Narendra Bandari
Kenya