



PASCAR Africa Heart Failure Course 2026



School of Medicine
Ysgol Meddygaeth

PASCAR Africa Heart Failure Association in Partnership with Cardiff University
Africa Heart Failure Course

May to October 2026
6-month Training with CPD Modules & Live Virtual Lectures

Application Deadline: 13 April 2026

[CLICK HERE TO APPLY](#)

This course has been developed for Africa, by Africans, with the aim of creating a network of appropriately trained specialists with an interest in heart failure, to take leadership roles in their regions, countries, and local institutions. They will be involved in developing systems-of-care designed to offer early diagnoses and optimise treatment, through capacity building and without undue burden on resources.

The course is tailored for medical specialists (cardiologists and specialist physicians) who will be selected from the most promising early career clinicians from across the continent. A primary focus of the course will involve lifelong mentorship for the participants to help facilitate the long-term course objectives.

Module 1 consists of six virtual sessions from **May to October**, where physician candidates work in small mentor led groups, include an allied healthcare partner, cover core heart failure theory, and present real world cases. Preparatory material is provided in advance, and all sessions are **CPD accredited** and recorded for self-study. **CPD Certificate**s per session will be issued automatically on completion of online CPD MCQs.

Module 2 involves a **Self-improvement Project write-up**, in which each student completes a locally relevant Heart Failure initiative focused on service or quality improvement, clinical audit, care-pathway development, multidisciplinary teamwork, or research. The chosen topic will centre on describing the candidate’s current heart-failure landscape and outlining evidence-based strategies to enhance services. Each participant will work closely with the mentor from the core faculty, and the module can be completed virtually.

Module 3 is a five-day visit to **Cardiff University** in **August 2027**, where candidates observe a mature heart-failure service, including organisational structure, care pathways, multidisciplinary teamwork, and integration with research.

COURSE PROGRAMME

Date	Session	Convener
Virtual MODULE 1 @ USD 500 payable to PASCAR		
30 May 2026	Session 1: Terminologies and Pathophysiology	Mahmoud Sani
27 June 2026	Session 2: Biomarkers & Imaging in HF in Sub-Saharan Africa	Anders Barasa
25 July 2026	Session 3: Drug Therapy in HF	Yagoub Musa
29 August 2026	Session 4: HF and Co-Morbidities	Albertino Damasceno
26 September 2026	Session 5: Multi-disciplinary Team in HF	Zaheer Yousef
31 October 2026	Session 6: Feedback Session and Essay Writing Guidance	Okechukwu Ogah
Virtual MODULE 2 (fee included with Module 1 payment)		
October 2026	October 2026 – February 2027 Self-Improvement Project Write-Up	
MODULE 3 @ USD 500 Fee payable to PASCAR		
August 2027	In-person training at Cardiff University Hospital, Wales	