

## REPORT OF THE PASCAR TASK FORCE ON HEART FAILURE: APRIL 2018

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### Proposed Task Force Membership

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### INTRODUCTION

The Pan African Society of Cardiology (PASCAR) Task Force on Heart Failure was established in Kenya in May 2007 with Prof Karen Sliwa as the convener. The task force leadership was transferred to Prof Mahmoud Sani in Sudan October 2017.

The terms of reference for the task force as contained in the present constitution include:

- Developing and defining political and scientific (or research) policy (guidelines) for the society on issues related to heart failure.
- Prepare reports to be presented at each General Assembly and communicate the activities of your group to all members of the society as often as possible.

### Activities and Achievements of the Task Force – 2008 -2017

1. Meetings: So far the task force has had a number of teleconferences under the leadership of Prof Karen Sliwa, and two physical meetings in Mauritius in 2015 and in Sudan in 2017. We are grateful to Mr George Nel for organizing the meetings.
2. Symposia: Two successful symposia on Heart Failure in Africa were carried – 1 in Sudan, one in Mauritius. We are grateful to Drs. Albertino Damasceno, Karen Sliwa and Bongani Mayosi
3. Conference Presentations: Members of the task force make presentations related to the task force activities –Dr Alberino Damasceno & Prof Karen Sliwa (WCC in Mexico 2016 & PASCAR Sudan 2017).
4. Research: The THESUS HF was successfully carried out and up to eight publications came out of it (seven in circulation and 1 in press). One PhD was also produced using part of the THESUS data. The publications are listed below. The BAHEF trial was designed to answer questions that arose from THESUS HF, had some challenges for recruitment. Despite the fact that the trial was inconclusive, it brought about challenges of doing clinical trial in Africa and was published in the European Journal of Heart Failure (see below). Another publication from BAHEF on biomarkers is being processed. The Heart of SOWETO study is part of the TF achievement under Prof Karen Sliwa and more than 25 publications have been done.
5. Publications: List below of THESUS and BAHEF publications
6. Collaboration:a) The task force had begun collaboration with Mometum Research Inc in the United States to have the first well conducted Heart Failure Registry and first Heart Failure RCT in Africa.

### Proposal for activities from 2018 to 2022

The PASCAR task force on heart failure planned to carry out activities in the next five years, as follows:

- 1- Fellowship programme on Heart Failure
- 2- Organization of Echo Workshops around PASCAR conferences
- 3- Championing and Anchoring HF Symposia during PASCAR Conferences.
- 4- Pursuing joint HF symposia with other international societies like the ESC, AHA and SAHeart.
- 5- A THESUS –II study is also plan to define ischaemic heart disease and its characteristics in Africa.